

INSPIRADO HUB MEETING FORMAT (2 hours)

Inspirado Hub online requires all players to have access to

- Internet
- A laptop, computer or mobile device (smart phone or tablet).
- Either video, audio or both as mode of communication such as phones, Skype, Zoom, WhatsApp, Facetime, Facebook, etc.

1. Settle for the meeting at the set time.
2. Read Inspirado Hub preamble.
3. Check in (Discuss how things have been since last meeting) – 15mins
4. Start the game – 1 hour
5. Coffee break (half way into the game) – 15mins
6. Discuss morale chips (recovery capital) – 15mins
7. Check out (Discuss your plans and expectations for the coming week) – 15mins
8. Close

***NB:** Times suggested can be adjusted to suit each group or meeting.*

Hosts or facilitators should familiarise themselves with the platform.

Book a virtual playdate for support at info@inspiradohubs.co.uk